

**CRICKET
GRUNCH**[®]

1423:33/2398
NF-JB-FG/NN - NFL
MON 2032/a

KorGrain

**CRICKET
GRUNCH**[®]

MADE WITH
ORGANIC CRICKET FLOUR



BioScan by
MONSANTO

SERVING SUGGESTION

**CRICKET
GRUNCH**[®]

Nutrition Facts

Serving size	4oz (113g)
Amount per serving	
Calories	240
Total Fat 14g	18%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	1%
Protein 19g	31%
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 4.2mg	25%
Potassium 610mg	15%
Thiamin 28.2mg	2350%
Riboflavin 04.mg	30%
Niacin 5.3mg	35%
Vitamin B 0.4mg	25%
Folate 115mcg DFE	30%
Vitamin B12 3mcg	130%
Phosphorus 180mg	15%
Zinc 5.5mg	50%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Food • Health • Hope™

Ingredients: Brown cricket flour, cane sugar, pomegranite syrup concentrate, sea salt (from a renewable source)

PRODUCED IN A FACILITY THAT USES TREE NUTS, PEANUTS AND SOY



CEREAL SUBSTITUTE
NET WT. 11.5oz (325g)
GLUTEN FREE
ALLERGEN LEVEL 8
approved by USAFB

PRODUCT OF KOREA



KorGrain Industries, 7 Field Lane, Chaddesden

PAPER BOX

